

# Implementation of NPDC through Professional Development

Laura J. Hall, PhD

[ljhall@sdsu.edu](mailto:ljhall@sdsu.edu)

&

Suzanne Kucharczyk, EdD

[suzannek@uark.edu](mailto:suzannek@uark.edu)



SAN DIEGO STATE  
UNIVERSITY



UNIVERSITY OF  
ARKANSAS

# Formula For Success



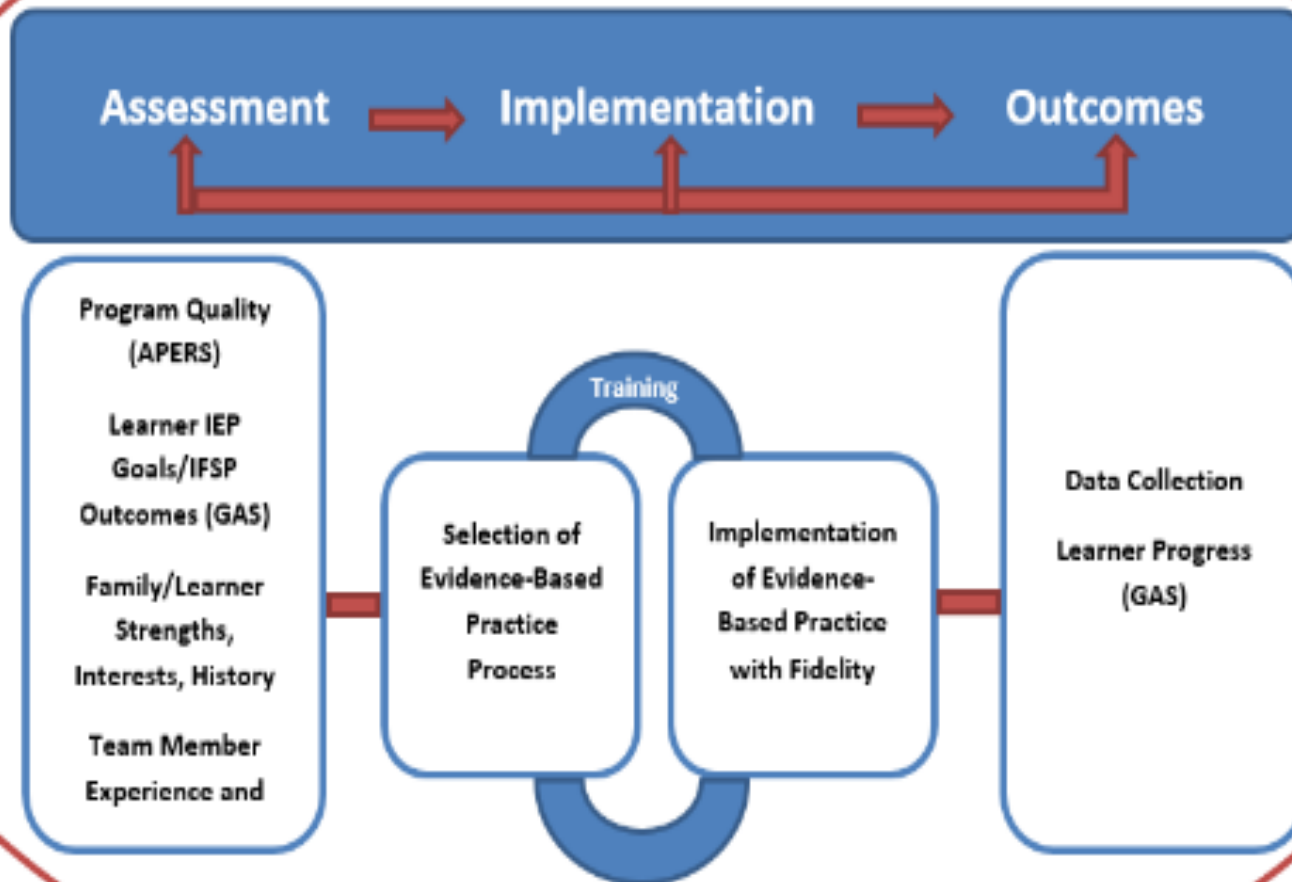
# Outcomes Related to Training Components

<b><i>Training Components</i></b>	<b>Training Outcomes</b>		
	<b>Knowledge of Content</b>	<b>Skill Implementation</b>	<b>Classroom Application</b>
<b><i>Presentation/ Lecture</i></b>	10%	5%	0%
<b><i>Plus Demonstration in Training</i></b>	30%	20%	0%
<b><i>Plus Practice in Training</i></b>	60%	60%	5%
<b><i>Plus Coaching/ Admin Support Data Feedback</i></b>	95%	95%	95%



Source: SISEP <https://sisep.fpg.unc.edu/news/sisep-enotes-coaching>

## NPDC Model



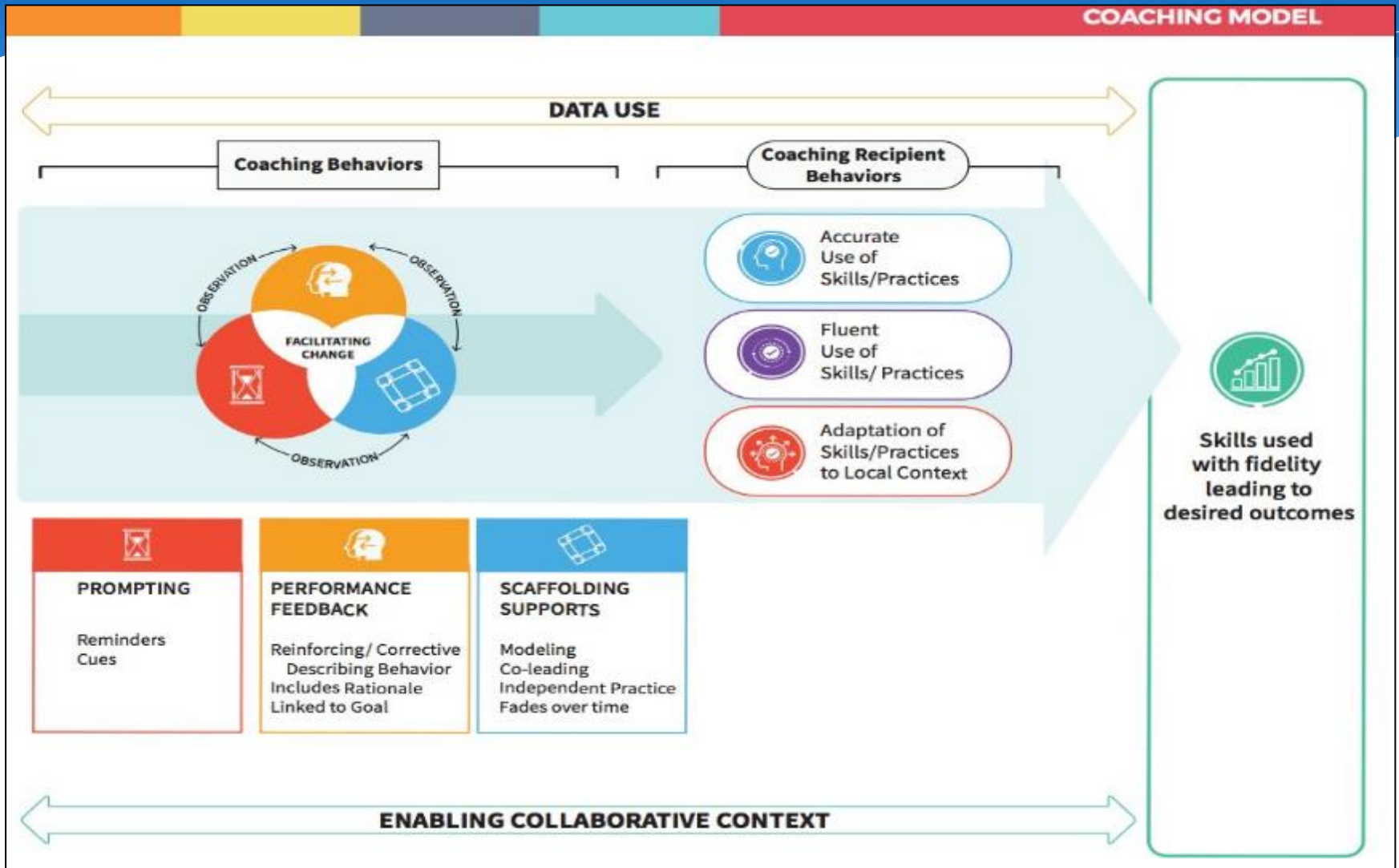
**COACHING**

# Kelvin Lim – *Qualities of an Effective Coach*



# Essential Components of Coaching

Cusamano, Preston, & Ward, 2018



# National Center for Systemic Improvement

## Effective Coaching for Teachers

### Use of Effective Practices of

- \* **Observation,**
- \* **Modeling,**
- \* **Performance Feedback, &**
- \* **Use of Alliance Building Strategies**

***Ensure-***

**Teachers are *Engaged* in Coaching with an adequate *Dosage & High Quality***



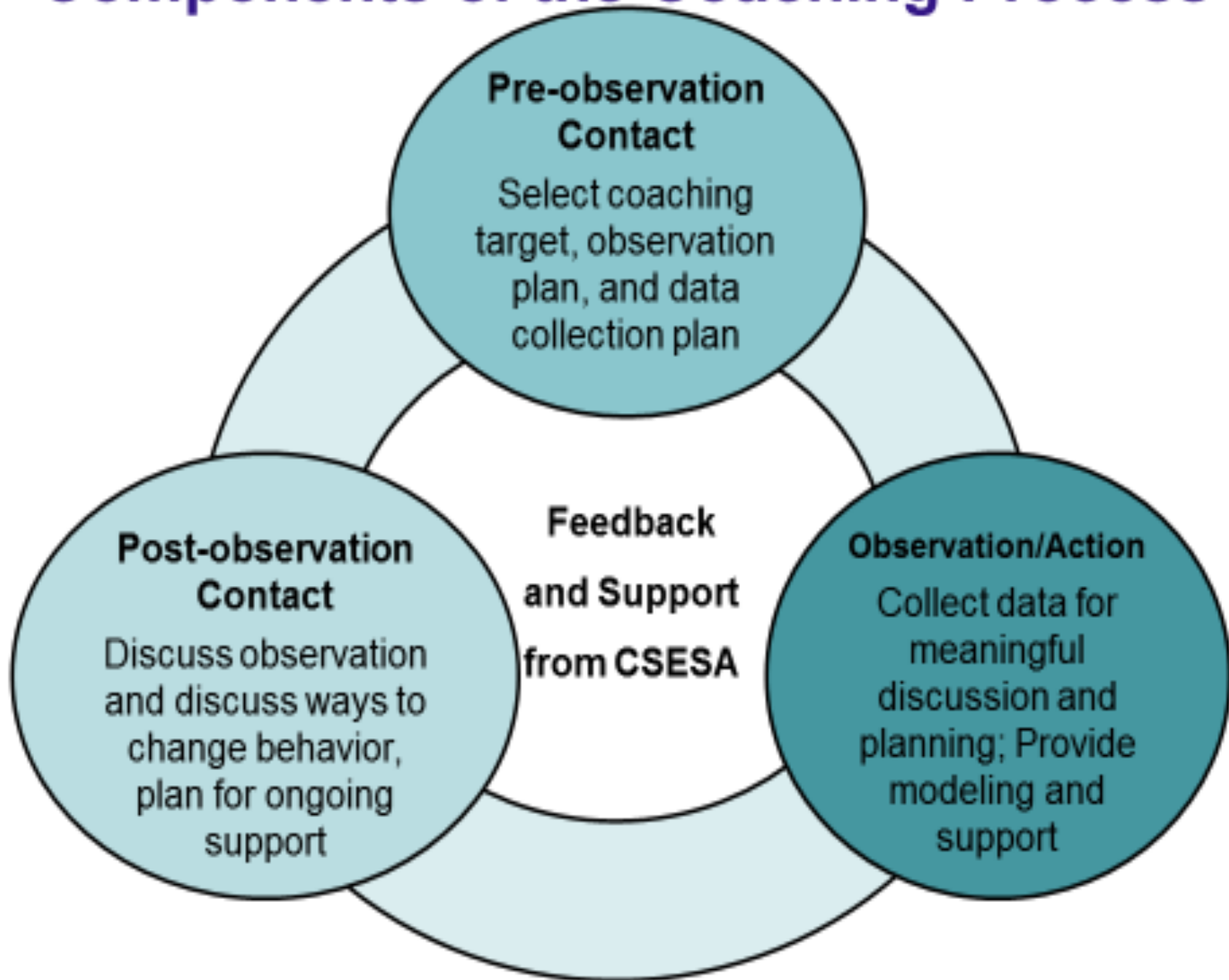
# Guidance & Coaching on Evidence-based Practices for Learners with Autism Spectrum Disorders



Suzanne Kucharczyk  
Evelyn Shaw  
Brenda Smith Myles  
Lisa Sullivan  
Kate Szidon &  
Linda Tuchman-Ginsberg

Source: NPDC [https://fpg.unc.edu/sites/fpg.unc.edu/files/resources/reports-and-policy-briefs/NPDC\\_Coaching\\_Manual.pdf](https://fpg.unc.edu/sites/fpg.unc.edu/files/resources/reports-and-policy-briefs/NPDC_Coaching_Manual.pdf)

# Components of the Coaching Process



# Fidelity Checklist

#	Domain	Features	Notes				
5	Pre-observation- Use of EBP	<input type="checkbox"/> Pre-observations conducted with school implementer prior to observation/action/modeling <input type="checkbox"/> Pre-observations include when and where the EBP will be worked on. <input type="checkbox"/> Pre-observations include negotiation of what will be worked on, how it will be worked on, and what resources/actions are needed		3	2	1	0

**Key: 3 (High): All features were observed**

**2 (Mid): Half or more features were observed**

**1 (Low): Less than half but at least 1 feature was observed**

**0 (Not Observed): No features were observed**

# COACHING LOG

Role(s)	Length of Time	Coached How?	EBP / CSESA Cor	
√ all that apply	√ one	√ all that apply	√ all th	
<input type="checkbox"/> A-Team Lead	<input type="checkbox"/> 10min or less	<input type="checkbox"/> Observation	ABI	PP
<input type="checkbox"/> Special Ed Teacher	<input type="checkbox"/> 11-20 min	<input type="checkbox"/> Discussion	CBI	PRT
<input type="checkbox"/> General Ed Teacher	<input type="checkbox"/> 21-30 min	<input type="checkbox"/> Action/ Modeling	DRA/I/O	R+
<input type="checkbox"/> Paraprofessional	<input type="checkbox"/> 41-60 min	<input type="checkbox"/> Check-In	DTT	RIR
<input type="checkbox"/> Transition Specialist	<input type="checkbox"/> 61-90 min		ECE	SC
<input type="checkbox"/> OT, SLP, PT	<input type="checkbox"/> 91+ min		EXT	SM
<input type="checkbox"/> Counselor			FBA	SN
<input type="checkbox"/> Psychologist			FCT	SST
<input type="checkbox"/> Administrator			MD	SPG
<input type="checkbox"/> District/Building			NI	TA
<input type="checkbox"/> Specialist			PII	TAII
<input type="checkbox"/> Community Provider			PMII	TD
			PECS	VM
				VS

\* Who was coached?

\* How long?

\* On what?

\* (e.g. EBP)

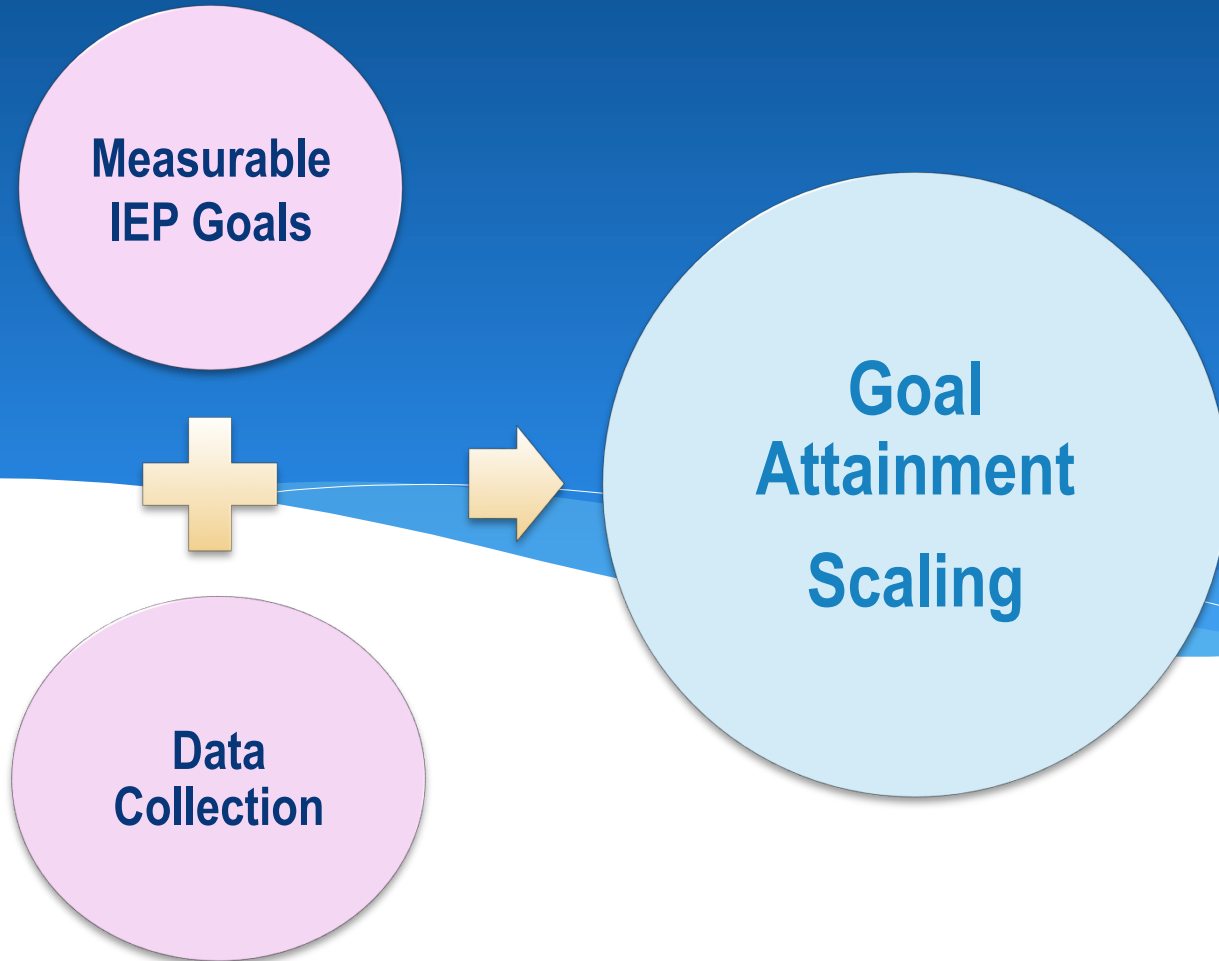


# **Start with Student Goals**

## **STEPS IN THE GAS PROCESS**

- \* Step 1: Review Individualized Education Plan (IEP) Goals**
- \* Step 2: Determine Present Levels Of Performance**
- \* Step 3: Develop Each Goal Into A Goal Attainment Scale**
- \* Step 4: Intervene And Evaluate**

# FOUNDATIONAL COMPONENTS TO G.A.S. DEVELOPMENT



# Components of a Measurable Goal

## Antecedent

- ☐ Setting
- ☐ With whom
- ☐ Supports provided
- ☐ High vs. low structure
- ☐ Academic, social, transition, etc.

## Behavior

- ☐ Specific
- ☐ Observable
- ☐ Measurable

## Criteria

- ☐ # of times
- ☐ Amount of time
- ☐ Percent
- ☐ Consistency
- ☐ Data collection method

***“When this event occurs,***

***the learner will do this behavior(s),***

***at this rate or level of proficiency.”***

## GAS: SCALING ERIK'S GOAL

<b>0</b>	<b>PRESENT LEVEL OF PERFORMANCE (BASELINE)</b>	Erik asks teachers 41 off topic and 0 on topic questions during a class period.
<b>1</b>	<b>INITIAL OBJECTIVE</b>	Given visual prompts, Erik will ask teachers no more than 10 questions (on or off topic) during a class period across one week of data.
<b>2</b>	<b>SECONDARY OBJECTIVE</b>	Given visual prompts, Erik will ask teachers no more than 5 questions (on or off topic) during a class period across one week of data.
<b>3</b>	<b>ANNUAL GOAL</b>	Given visual prompts, Erik will ask teachers at least 2 on topic and less than 2 off topic questions during the class period across one week of data.
<b>4</b>	<b>EXCEEDS ANNUAL GOAL</b>	Given visual prompts, Erik will ask teachers at least 2 on topic questions and no off topic questions during the class period across one week of data.

# GAS SCALING EXAMPLES

Dimension Examples	Skill frequency	Prompting form	Context	Person
0	Performs skill 0 out of 10 opportunities	Requires full physical prompts	Infrequently performs skill at home	Does not display skill with anyone at school
1	Performs skill 2 out of 10 opportunities	Requires partial physical prompts	In SDC classroom	Performs skill in 1:1 counseling sessions
2	Performs skill 4 out of 10 opportunities	Requires gesture prompts	In general education math class	Performs skill with peers in small group
3	Performs skill 6 out of 10 opportunities	Requires gesture and visual prompts	In general education science class	Performs skill with familiar peers in natural settings
4	Performs skill 8 out of 10 opportunities	Independent with visual prompts	In general education language arts class	Performs skill with unfamiliar peers in natural settings


**Goal Attainment Scaling Form**

Student Code: \_\_\_\_\_ CSESA Component:  Other EBP:

Date developed: \_\_\_\_\_ Developed by: \_\_\_\_\_

0	Present level of performance		Date
1	Initial Objective		Date
2	Secondary Objective		Date
3	Annual Goal		Date
4	Exceeds Annual Goal		Date

Notes: \_\_\_\_\_


**CSESA**  
 The Center on Secondary Education for Students with Autism Spectrum Disorders



**Measurable IEP goals**



**Progress monitoring systems**



**Intervention design and implementation**



# When Selecting EBP Consider:

Child & Family  
Characteristics

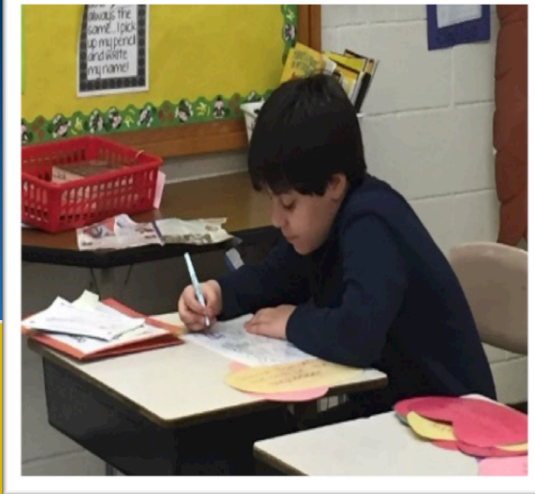
Clues found  
in Outcome/Goal

**EBP**

Teacher/Team  
Characteristics

Other Resources  
Available

# Matthew (4th grader):



- 11 year old
- General education setting
- Wants to fit in
- Disorganized

EBP(s):

---

- Great relationship between SPED and Gen Ed. teacher
- Student teacher present in General Ed. class; teacher is able to help individual

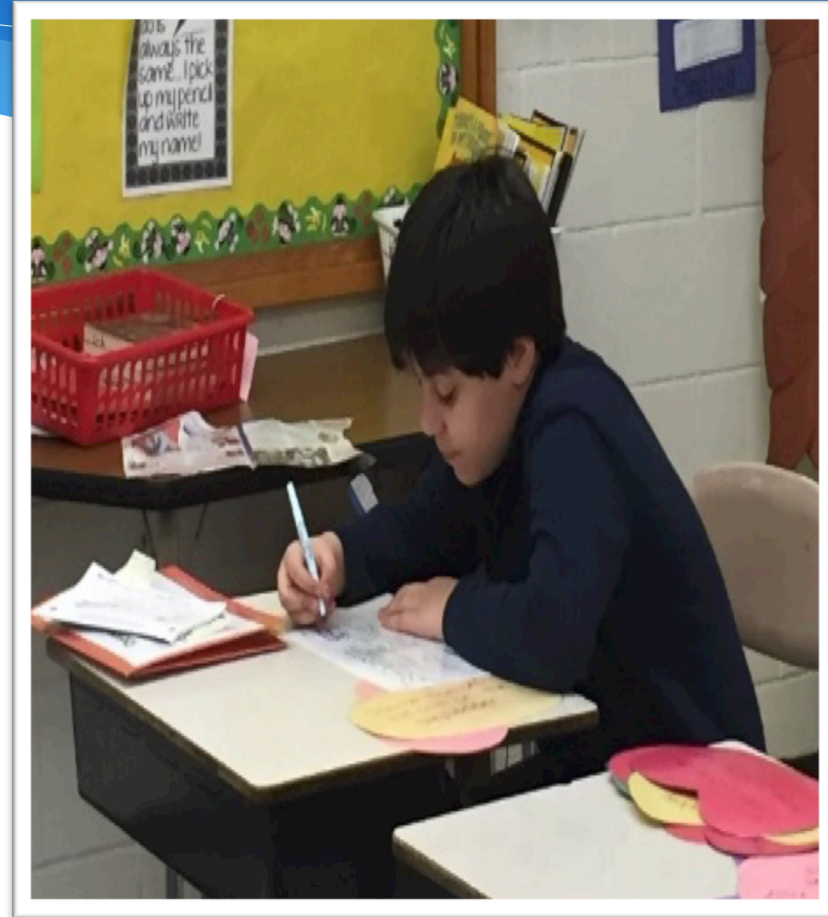
- Student received iPad for birthday to use at school
- iPads allowed in school

# Linking Selected Goals to Evidence-based Practices

Domain: Independence & Behavior	
Subdomain: Organization	
SKILLS/BEHAVIORS	Evidence-based Practices
<ul style="list-style-type: none"> <li><input type="checkbox"/> Accesses and follows daily schedule</li> <li><input type="checkbox"/> <b>Uses tools to keep track of assignments/work tasks and/or scheduling</b></li> <li><input type="checkbox"/> Brings appropriate materials to assigned location</li> <li><input type="checkbox"/> Materials/work space are organized</li> <li><input type="checkbox"/> <b>Identifies steps required to complete assigned activities; completes assigned activities</b></li> <li><input type="checkbox"/> Moves to next destination or next activity on time</li> <li><input type="checkbox"/> Requests/initiates meetings with work groups, staff as appropriate</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <i>Differential Reinforcement</i></li> <li><input type="checkbox"/> <i>Prompting</i></li> <li><input type="checkbox"/> <i>Reinforcement</i></li> <li><input type="checkbox"/> <i>Task Analysis</i></li> <li><input type="checkbox"/> <i>Time Delay</i></li> <li><input type="checkbox"/> <b><i>Self-Management</i></b></li> <li><input type="checkbox"/> <i>Social Narratives</i></li> <li><input type="checkbox"/> <i>Technology Aided Instruction</i></li> <li><input type="checkbox"/> <i>Video modeling/Modeling</i></li> <li><input type="checkbox"/> <b><i>Visual Supports</i></b></li> </ul>

# Matching EBPs to Outcomes

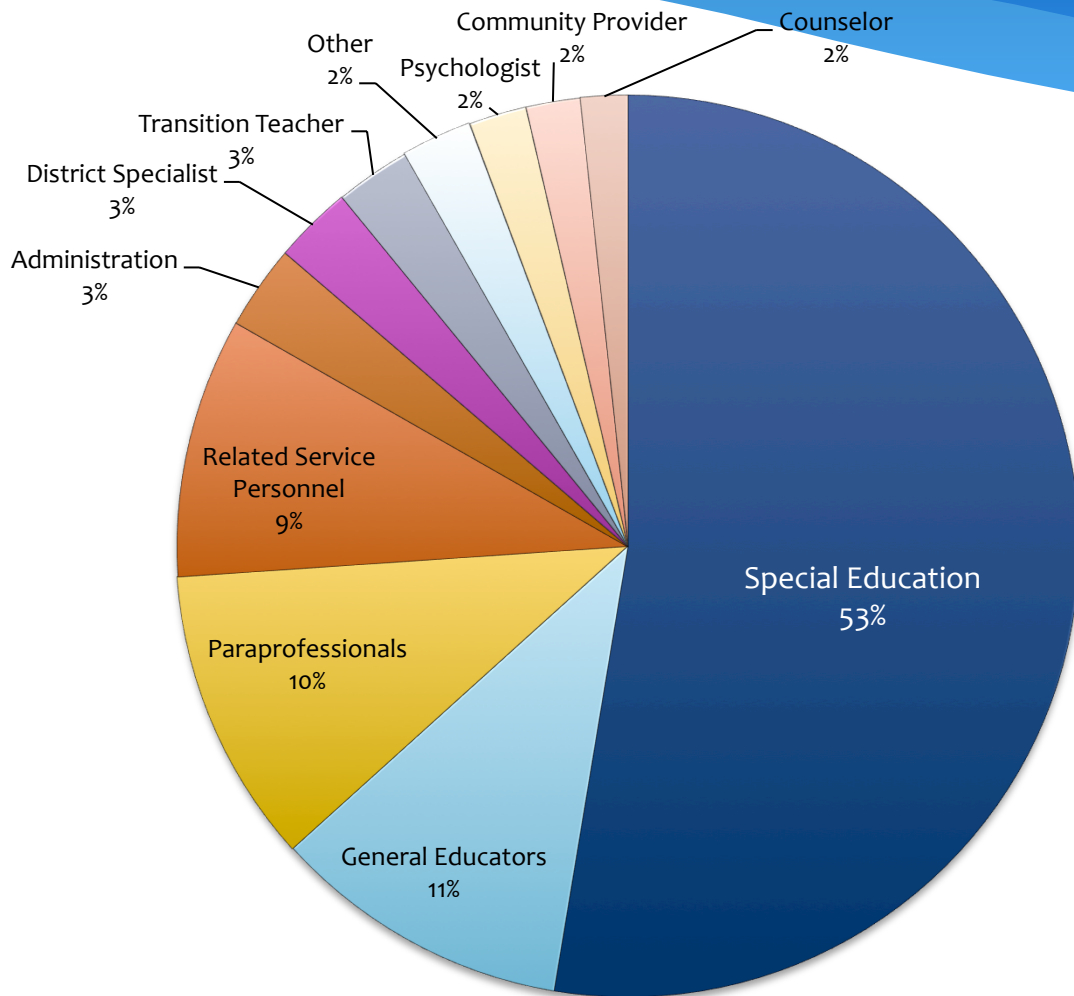
- \* **Matthew (4th grader):**  
When given an assignment, Matthew will **create a to-do list**, check it off as he completes each step, and **will present assignment and completed to-do list on time** to teacher by the due date for 3 of 5 assignments per week.



# Implementation Findings

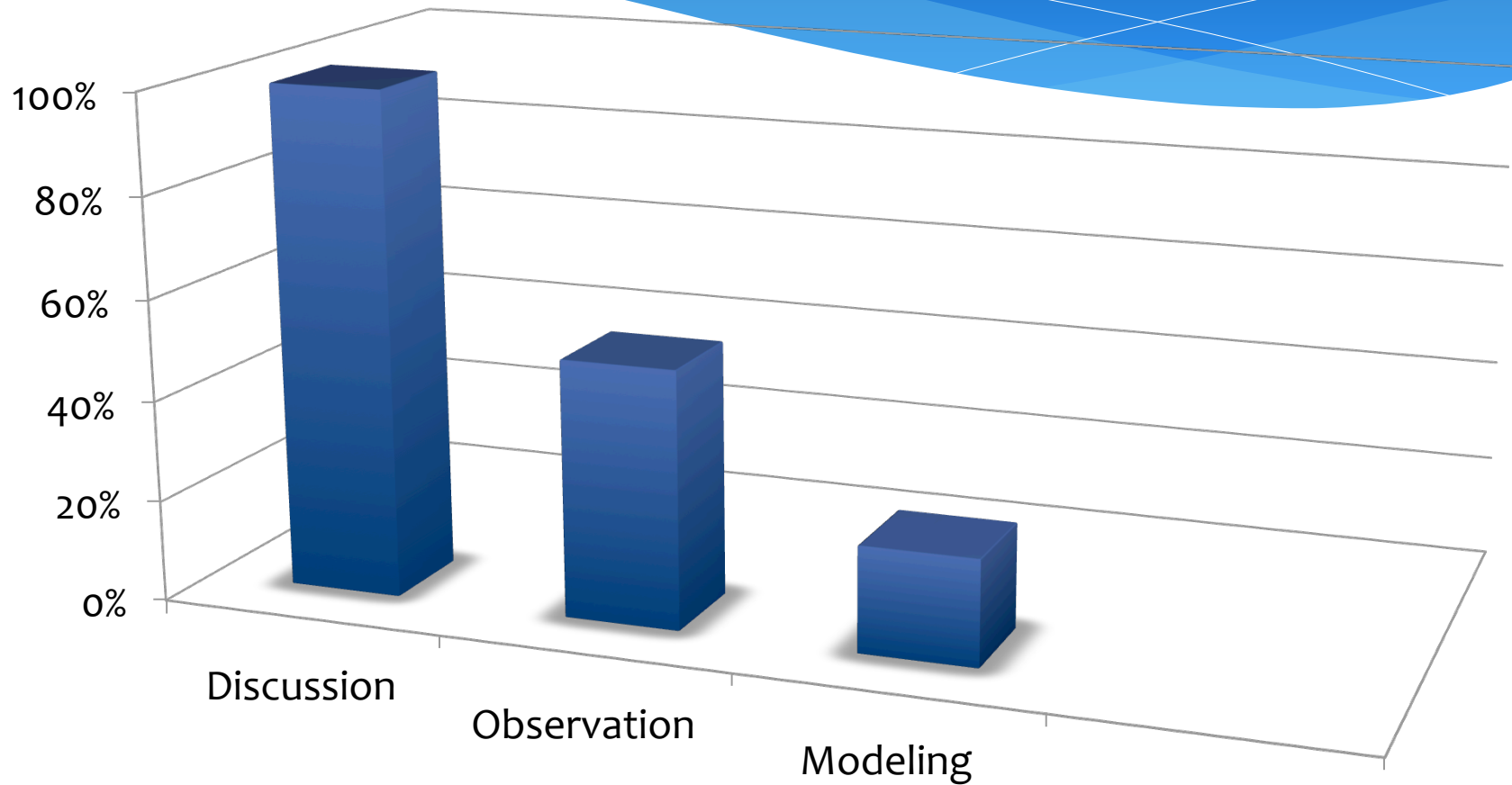
The slide features a dark blue header with the title 'Implementation Findings' in white. Below the header, there are several overlapping, wavy lines in various shades of blue, creating a dynamic, abstract background for the main content area.

# CSESA COACHING SESSIONS BY A-TEAM MEMBERS' DISCIPLINES



**Total Sessions:  
4,901**

# Coaching Formats Used - CSESA



# Coaching during GAS – (Preliminary)

**CSESA** - Coaches reported - 83% of the goal writing required coaching  
that took a range of 1 to 70 minutes per goal  
(mean = **17** min)

**TESELA** - Coaches reported - 96% of the goal writing required coaching  
(mean = **15** min)

# If Data at Baseline - CSESA

- Only **13%** of IEP goals had data on the target skill/ behavior to confirm baseline.  
(**24.7%** for TESELA)
- Data was associated with –
  - clear antecedent conditions &
  - observable & measurable skills/behavior
- Significantly *less time* needed for coaching

# Use of EBPs - CSESA



CSESA STAFF CHANGES	Coaches Left Project	Coaches Joined Project
<b>NC</b> (2 Left & 4 New)		
Year 1	1 took Uni position end of year	
Year 2	1 left for other project Coach on maternity leave	4 New Coaches
Year 3		
<b>WI</b> (3 Left & 4 New)		
Year 1	1 Coach left project at year end	
Year 2	2 Coaches left at year end Coach on maternity leave	4 New coaches
Year 3		
<b>SD</b> (4 Left & 5 New)		
Year 1	2 Coaches left (1 to doc program)	1 New Coach joined mid-year
Year 2	1 Coach took Uni position	3 New Coaches
Year 3	1 Coach left mid year Coach on maternity leave	1 New Coach

# Training & Professional Development is ongoing for -

- ✧ New Coaches
- ✧ Coaches needing refreshers
- ✧ Coaches on different data collection & monitoring progress methods
- ✧ School Staff on different EBPs
- ✧ School Staff on efficient & reliable data collection methods
- ✧ Coaches & School Staff on new EBPs when a) trying a new strategies with a new student or b) different strategies with the same student
- ✧ **Did I mention data collection & evaluation skills?** To answer - Is this working? Are we happy with the outcomes?