

High School Success Checklist-STUDENT

Thank you for taking the time to complete this Checklist. The purpose of this Checklist is to learn more about you, your likes and dislikes and skills that you would like to build on during high school.


Directions:


1. Below is a list of skills that may be helpful for high school students. Some might sound a lot like you and some may not.
2. Read each Skill.


<p>3. Click ONE grey box that best describes you today.</p>	<p>4. Click ONE white box that best describes how much you would like to learn the skill.</p>
<p>These are the answers to choose from:</p> <ul style="list-style-type: none"> ▪ This is <u>NOT</u> like me. ▪ This is <u>sort of</u> like me. ▪ This is <u>very much</u> like me. ▪ I have <u>not had a chance</u> to try this. ▪ <u>Not sure</u> 	<p>These are the answers to choose from:</p> <ul style="list-style-type: none"> ▪ I would <u>NOT</u> like to learn this. ▪ I would <u>sort of</u> like to learn this. ▪ I <u>really want</u> to learn this. ▪ <u>I already know how to do this.</u>


Example- this one is already filled out. One grey box is clicked and one white box is clicked.

Skill	This is <u>NOT</u> like me.	This is <u>sort of</u> like me.	This is <u>very much</u> like me.	I have <u>not had a chance</u> to try this.	<u>Not sure</u>	I would <u>NOT</u> like to learn this.	I would <u>sort of</u> like to learn this.	I <u>really want</u> to learn this.	I <u>already know how to do this.</u>
I play many different video games.	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

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 1. Read each skill:	2. Choose only one answer in the grey boxes that best describes you today .					3. Then choose one answer in the white boxes that best describes how much you want to learn the skill.			
1. I keep track of my homework and turn it in on time.									
2. I bring everything I need to my classes.									
3. I ask teachers for help if I need it during class.									
4. When I have a problem in class I can figure out a solution.									
5. I look clean when I go to school.									
6. I talk with other students about things they like.									

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 <p>1. Read each skill:</p>	<p>2. Choose only <u>one</u> answer in the grey boxes that best describes you <u>today</u>.</p>					<p>3. Then choose <u>one</u> answer in the white boxes that best describes how much you want to learn the skill.</p>			
7. I listen to what other people say when I am talking with them.									
8. I ask my teachers if I need extra help with my work.									
9. I tell people “Good job” or “Nice work” when they do something well.									
10. I can figure out what other people are feeling.									
11. I offer to help other students if they need help.									
12. I work well with others in a group.									
13. I know how to find places I need to go (i.e. classroom, cafeteria, bus stop) on this campus.									
14. I know how to stay calm when I am mad about something.									

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15. I keep trying when something is hard.									
16. I don't mind if my schedule or routine changes.									
17. I know how to ask for a break when I need one.									
18. I follow the rules in class.									
19. I have ideas about what I want to do after high school.									
20. I understand what I read in my classes (e.g. science, history, English).									
21. I participate in school activities outside of class (e.g. clubs, sports, band).									
22. I get together with friends outside of school.									
23. I get calls and texts <u>from</u> friends.									

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24. I call or text friends.									
25. I interact with other people using the internet (e.g. chat room, gaming, e-mail, Facebook).									